

Remi Gibbs | Speaker and Workshop Media Kit

Author • Certified Life Coach • Positive Psychology Practitioner



◆ About Remi

Remi Gibbs is a soulful truth-teller with a gift for guiding women through the messy, beautiful transitions of life. As a certified life coach, positive psychology practitioner, and author of *Renovate Your Reality*, she speaks from lived experience and grounded expertise. Remi’s warm, relatable approach blends storytelling, science, and soul—helping audiences reconnect with who they are, what they want, and how to thrive from the inside out.

◆ Speaking Topics

Remi is available for keynotes, breakout sessions, and workshops. Popular topics include:

- **Renovate Your Reality**
Reclaim your identity and build a life that fits who you are now.
- **From Burnout to Breakthrough**
A fresh approach to resilience, energy management, and healing from the hustle.
- **Midlife Unraveling**
How to navigate change, identity shifts, and the power of reinvention.
- **The Happiness Habit**
Daily practices rooted in science to increase joy and fulfillment.
- **Self-Compassion at Work**
Leading with grace, managing emotions, and setting boundaries that protect your energy.

◆ Audience Fit

- Women’s Conferences & Retreats
 - Women-Focused Corporate Events & Leadership Summits
 - Events, Hospitality, Healthcare, Nonprofit, and Education Sectors
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◆ Speaker Rates

Introductory Rates (2025-2026)

Service	Rate
Keynote (up to 60 min)	\$1,500 – \$2,500
Breakout Session (30–45 min)	\$750 – \$1,250
Workshop (Half-Day)	\$2,000 – \$3,000
Workshop (Full Day)	\$3,500 – \$5,000
Virtual Presentation (up to 60 min)	\$500 – \$1,000

Travel expenses are additional. Custom packages and book bundles available.

◆ Add-Ons

- Bulk book discounts with speaking engagements
 - Post-event breakout session or Q&A (+\$500)
 - Leadership coaching or training for teams
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◆ Contact

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🌐 www.renovatedrealities.com

📍 Based in Harlingen, TX | Available Nationwide + Virtual

Let's inspire your audience to stop surviving—and start thriving.